

Arlene's December 2024 K-8 Lunch Menu

2 Hamburger Patty & WG Bun (2m, 1.75wg) 26 Baked Beans (3/4l) 45 Ketchup 3 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	3 WG Chicken Nuggets (2m, 1wg) – 5 13 Green Beans (3/4o) 6 Cheez-Its (1wg) 14 Banana (1/2c) 18 Choc/White Milk (1c) 19/13	4 Meatballs (6), Mashed Potatoes & Gravy (2m,3/4s) 41 WG Roll (1wg) 16 Melon (1/2c) 18 Choc/White Milk (1c) 19/13	5 WG Chicken Patty & WG Bun (2m,2.75wg) 38 BBQ Sauce 5 Broccoli (3/4g) 5 Craisins (1/2c) 28 Choc/White Milk (1c) 19/13	6 WG Bosco Sticks – 2 (2m, 2wg) 33 Marinara - 2 (1/4r) 8 Bear Cracker 21 Carrot Sticks (1/2r) 0 Peach Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13
9 Meatball – 6 Sub (2m, 1/4r, 1.5wg) 35 Carrot Sticks (1/2r) 0 Goldfish Crackers 14 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	10 Taco Tuesday (1m) 1 WG Nacho Chips (1wg) 18 Refried Beans (3/4l) 36 Cheddar Cheese (1m) 0 Banana (1/2c) 18 Choc/White Milk (1c) 19/13	11 Beef Hot Dog & WG Bun (2m, 1.5wg) 22 Corn (3/4s) 21 Sport Bite Crackers 19 Ketchup 3 Watermelon (1/2c) 6 Choc/White Milk (1c) 19/13	12 Macaroni & Cheese (2m, 1wg) 31 WG Roll (1wg) 16 Sliced Cucumbers (3/4o) 3 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	Turk Pep Pizza (2m, 2wg) 33 Broccoli (3/4g) 5 Bear Cracker 21 Berry Fruit Cup (1/2c) 22 Choc/White Milk (1c) 19/13
16 WG Chicken Tenders - 3 (2m, 1wg) 13 Baked Beans (3/4l) 45 Goldfish Pretzels (1wg) 16 BBQ Sauce 3 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	17 Hamburger Patty & WG Bun (2m, 1.75wg) 26 Baked Fries (3/4s) 33 Ketchup 3 Melon (1/2c) 18 Choc/White Milk (1c) 19/13	18 WG Chicken Patty & WG Bun (2m,2.75wg) 38 BBQ Sauce 5 Sliced Cucumbers (3/4o) 3 Banana (1/2c) 18 Choc/White Milk (1c) 19/13	19 Beef Chili w Beans (1.5m, 3/8r, 1/8l) 16 Cheddar Cheese (1oz) 0 WG Corn Bread (1wg) 36 Carrot Sticks (1/2r) 0 Melon (1/2c) 18 Choc/White Milk (1c) 19/13	20 WG Bosco Sticks – 2 (2m, 2wg) 33 Marinara - 2 (1/4r) 8 Graham Crackers (1wg) 11 Broccoli (1/2g) 5 Peach Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13
Holiday Break				
			Carbs listed for each item in blue font. Fresh fruits and vegetables may vary due to availability. Please check with your lunch server daily. Salad entrée option every day, served with juice and milk	Sides - Fruits and Vegetables listed by group and measured in cups. Chef, Taco, and Southwestern Salad Option every day.

NO PORK or PEANUTS SERVED AT ANY TIME MENU SUBJECT TO CHANGE "this institution is an equal opportunity provider"

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